Most Needed Food Drive Items

No glass containers please | No medications or alcohol

- **Peanut** (or nut-free) **Butter**
  - Sunflower butter
- **Canned Proteins**
  - Tuna
  - Chicken
  - Salmon
  - Beans
- **Canned Fruits**
  - Peaches
  - Pears
  - Pineapple
- **Canned Vegetables**
  - Green beans
  - Corn
  - Mixed Veggies
- **Canned Soups**
  - Beef stew
  - Chicken noodle
  - Chili
- **Staple Items**
  - Rice
  - Dry beans
  - Dry pasta
  - Cereal

1.2 POUNDS OF FOOD = 1 MEAL

For more information, please contact
FoodDrives@SecondHarvestETN.org or (865) 521-0000

THANK YOU FOR YOUR SUPPORT!